National Preparedness Month 2022 – Responder Health and Safety Resources

- Fact Sheets from SAMHSA
  o Tips for Health Care Practitioners and Responders (English Only): https://store.samhsa.gov/product/Tips-for-Health-Care-Practitioners-and-Responders-SMA17-5036
  o How to Cope with Sheltering in Place (English Only): https://store.samhsa.gov/product/How-To-Cope-With-Sheltering-in-Place/SMA14-4893
  o Coping with Stress During Infectious Disease Outbreaks (English Only): https://store.samhsa.gov/product/Coping-with-Stress-During-Infectious-Disease-Outbreaks/sma14-4885
  o More fact sheets are provided at: https://www.samhsa.gov/dtac/disaster-behavioral-health-resources

- Creating Safe Scenes Online Training– This is a free online course that helps first responders assist individuals in crisis with mental illness or substance use disorder using safe, positive approaches. https://www.samhsa.gov/dtac/creating-safe-scenes-training

- SAMHSA’s Disaster Kit - This toolkit arms disaster recovery workers with materials that aid in responding effectively to the general public during and after a disaster, and in dealing with workplace stress. The toolkit includes SAFE-T practice guidelines, and suicide prevention wallet cards. It also includes guides for parents, caregivers, teachers, and others. You can even access the Disaster Kit on your mobile phone by downloading the SAMHSA Disaster App. https://store.samhsa.gov/product/SAMHSA-s-Disaster-Kit/SMA11-DISASTER

- Webcasts
  o Understanding Compassion Fatigue and Compassion Satisfaction: Tips for Disaster Responders – https://youtu.be/aSJ0lk8MslQ
  o Self-Care for Disaster Behavioral Health Responders - https://youtu.be/G957P6w1Xfs
  o Cultural Awareness: Children and Youth in Disasters - https://youtu.be/bsalMbgkh8

- Immunization Recommendations for Responders - https://www.cdc.gov/disasters/disease/responderimmun.html